

ITS Heartland 2022



and  
breathe





With an annual output of \$20 trillion, the global economy now produces in 17 days what it took an entire year to generate in 1900. Already, economic activity has breached numerous local, regional and global thresholds, resulting in the spread of deserts, acidification of lakes and forests, and the buildup of greenhouse gases. If growth proceeds along the lines of recent decades, it is only a matter of time before global systems collapse under the pressure.

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*Worldwatch Institute - 1991*









WORLD

THE WORLD IS  
TEMPORARILY CLOSED













# JOSH FIGHT

Precisely, 4/24/2021, 12:00 PM,  
meet at these coordinates,  
(40.8223286, -96.7982002)  
we fight, whoever wins gets to  
keep the name, everyone else has  
to change their name, you have a  
year to prepare, good luck





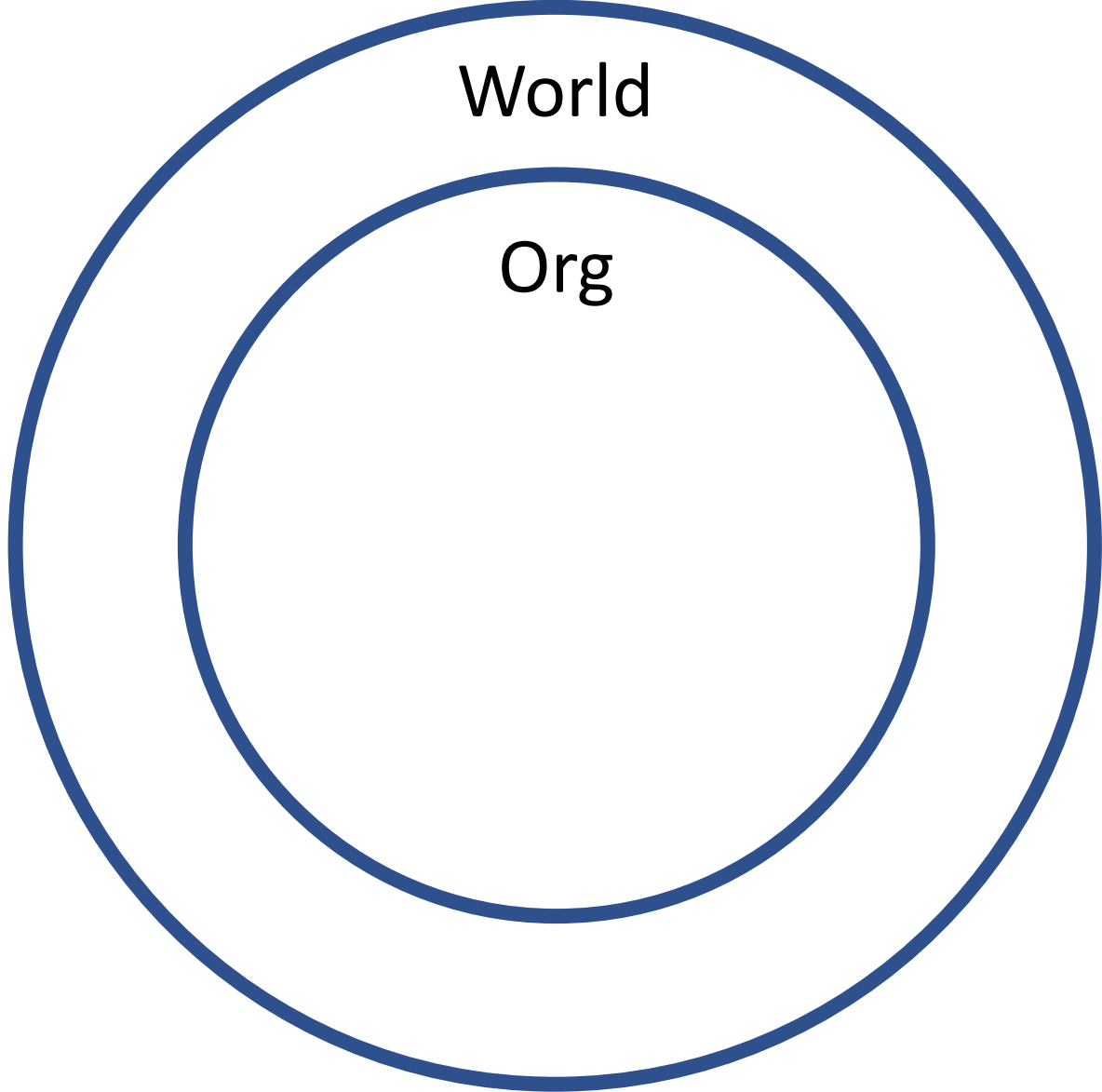






World





World

Org





DO  
MORE.



**HELP**

**WANTED**

---



DO  
MORE.









A vibrant, multi-colored quilted sign with the text "You belong." in white, outlined letters. The sign is set against a background of lush green foliage, including purple-tinged leaves and small white flowers. The quilt pattern consists of a repeating geometric design of triangles in various colors like red, blue, green, yellow, and purple.

You  
belong.





World

Org



Brain takes in

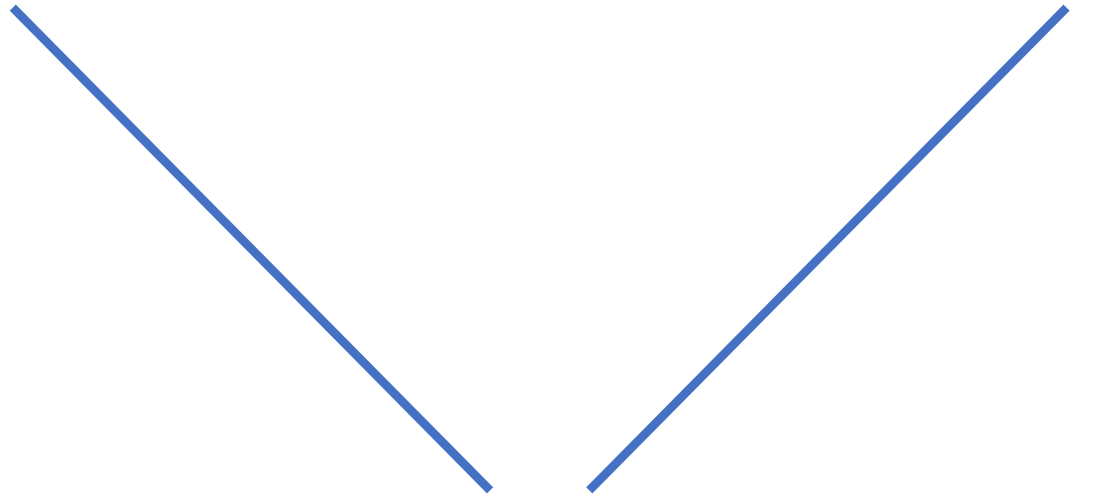
11,000,000 bits per second

Brain takes in

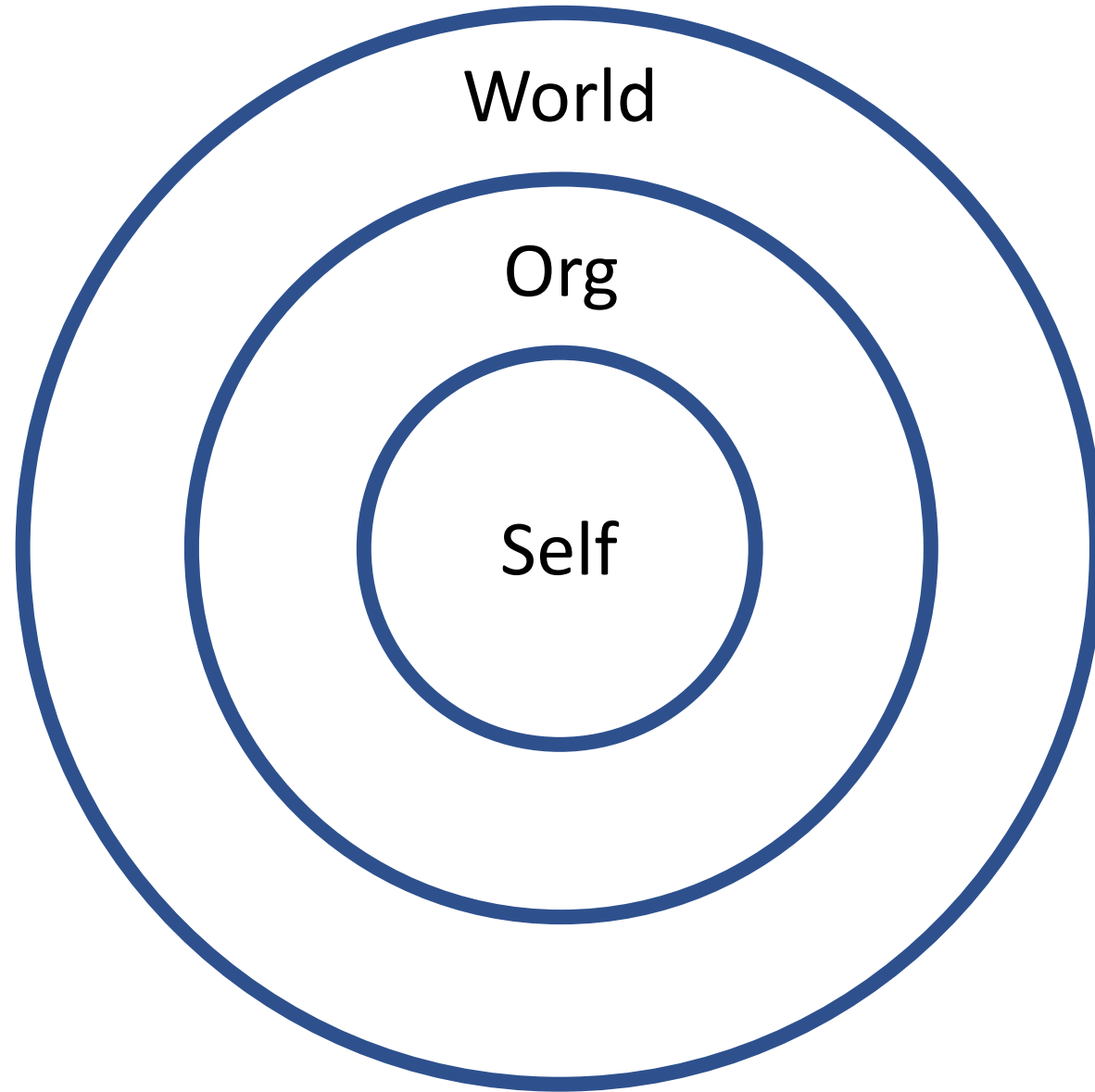
11,000,000 bits per second

Conscious mind can handle

40-50 bits per second



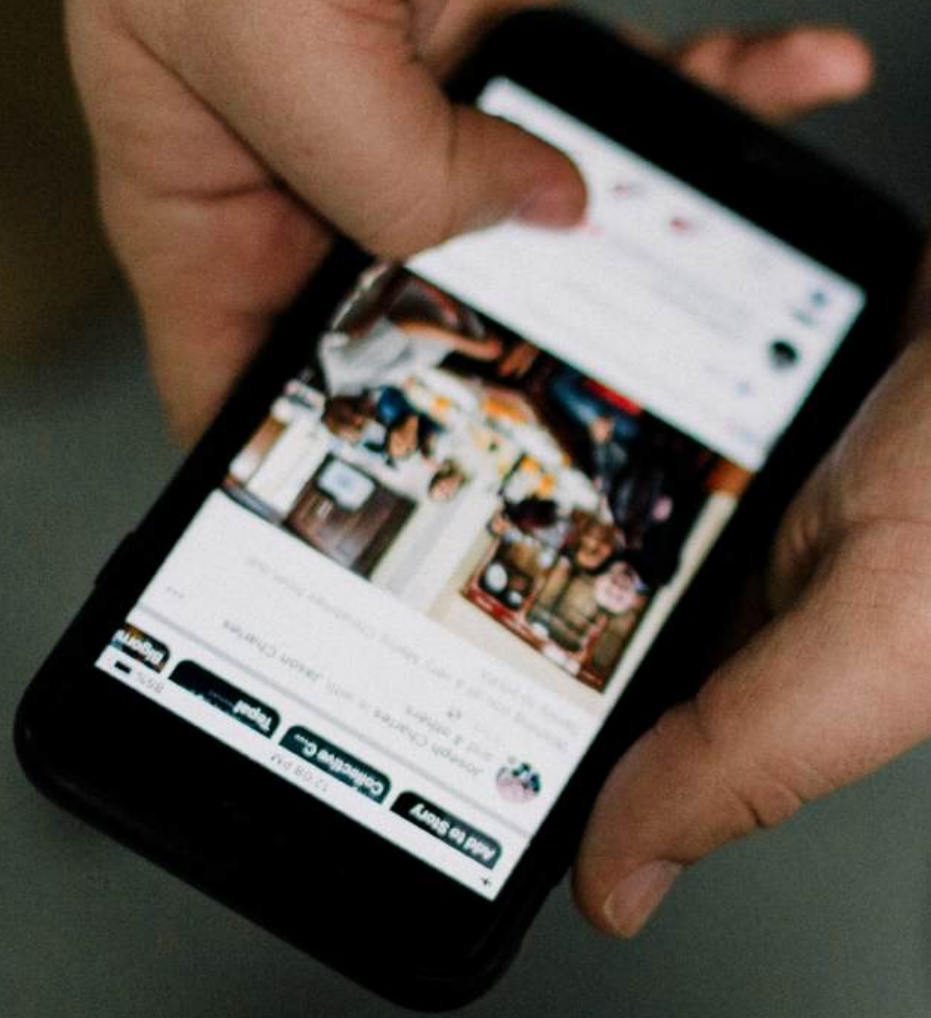




World

Org

Self





# and ation

- The Camel

Hall is defaced, Leslie and the department  
up with a new design. Andy and Ron share an  
ment.

Starts in **13** seconds



Back to Browse

Exit Full Screen

More Episodes



# Doritos<sup>®</sup>

**NACHO  
CHEESE  
FLAVORED**

GUARANTEED FRESH  
• UNTIL PRINTED DATE



Chips enlarged  
to show texture

TORTILLA CHIPS

NET WT. 9 3/4 OZ. (276.4 g)





BPA-free

Also Great for  
Kitchen Prep

# Chip Fingers™

Finger Guards for Food

Cheese  
Resistant!

One Size Fits All







World

Org

Self



**Attention**

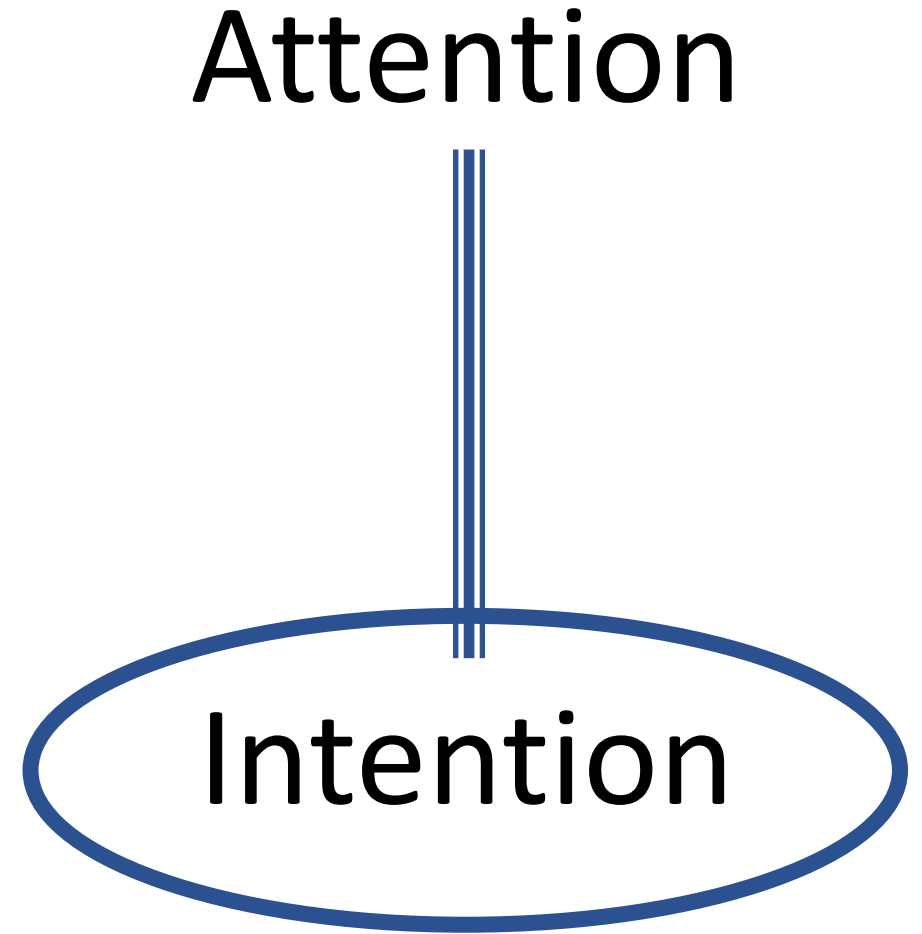




**Attention**



**Intention**





7  
MPH

PRND

82%

35  
MAX

SPEED LIMIT  
35

STOP Stopping for traffic control in 25 ft

3:04 PM 28° C

Navigate

Zach

LTE

PASSENGER AIRBAG OFF

Seaglass Beach Bag Gifts

Lakewood Ranch Blvd Lakewood Ranch, FL

FM 100.7 MIX HD3  
The Breeze  
The Breeze

The image shows a car's infotainment screen with a navigation application. The top left displays the current speed as 7 MPH and gear selection as PRND. A battery level indicator shows 82%. The speed limit is set to 35 MPH. A map on the right shows the current location on Lakewood Ranch Blvd in Lakewood Ranch, FL, with a red arrow indicating the vehicle's position. A 'STOP' sign icon and a notification 'Stopping for traffic control in 25 ft' are visible. The bottom of the screen shows music controls for 'The Breeze' on FM 100.7. The background shows a car interior with a steering wheel and a view of a road with trees and a stop sign.



2:45



CAT

A/EJECT

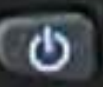
REV

FIND

CD  
AUX

PASSENGER AIR BAG  
OFF

Hertz NEVERLOST®



VIEW

BACK



ENTER

INFO







5015

DENVER AND VICINITY  
DENVER MOUNTAIN AREA  
MESA VERDE NATIONAL PARK  
MESA VERDE NATIONAL MONUMENT  
MESA VERDE NATIONAL ANTIQUARIAN MONUMENT  
COLORADO SPRINGS  
COLORADO

ANTI THEFT  
DISP  
MODE

AIR VENT

MODE

A determination to act a certain way











BPA-free

Also Great for  
Kitchen Prep

# Chip Fingers™

Finger Guards for Food

Cheese  
Resistant!

One Size Fits All



What's your intention for today?

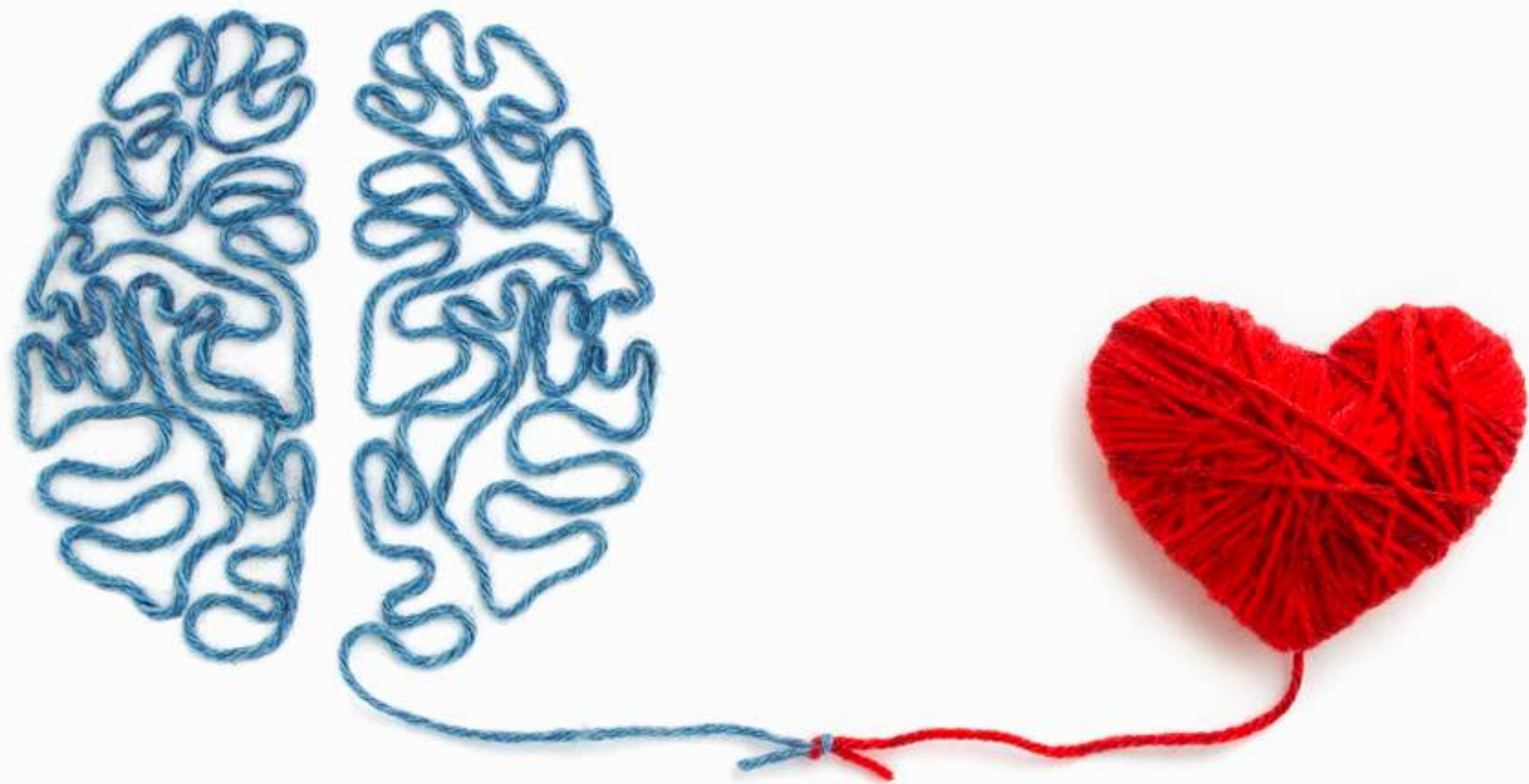




Please sit back down.

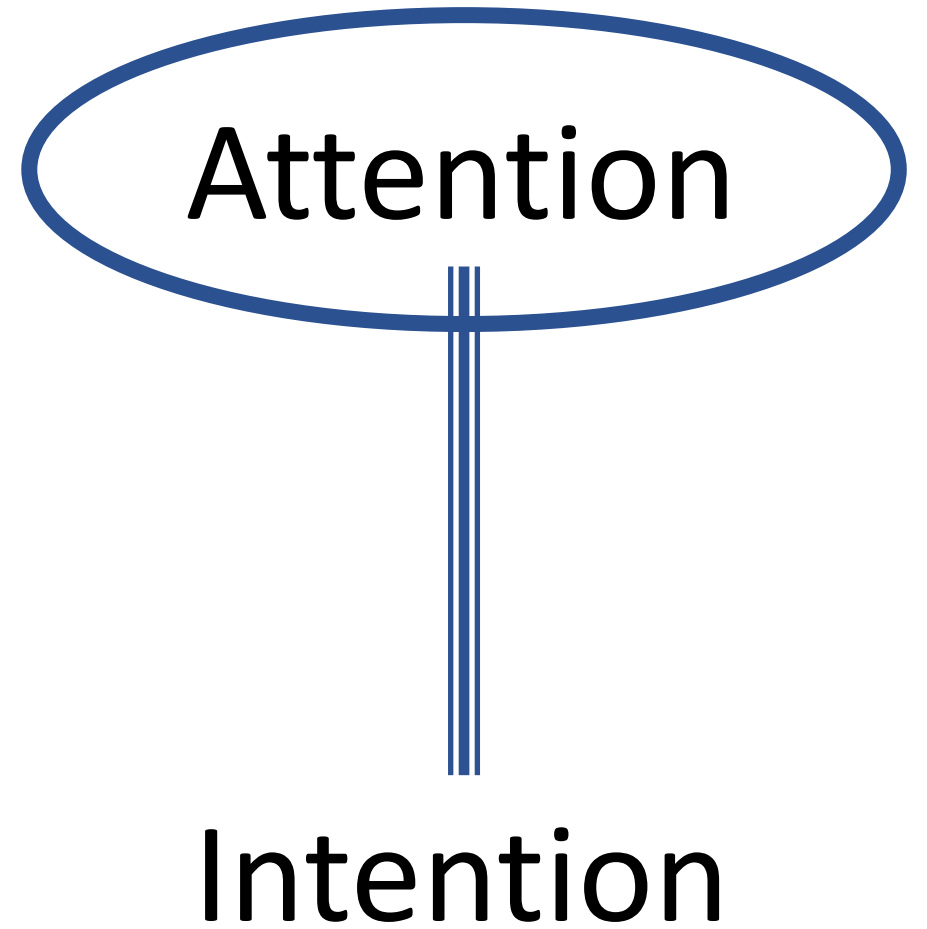


I intend to be more \_\_\_\_\_.





I intend to be more \_\_\_\_\_.







Montréal 4:42



19°

12:28



# Settings

Airplane Mode

Wi-Fi

Bluetooth  On

Cellular

Personal Hotspot  Off

Notifications

Sounds & Haptics

Focus

Screen Time

General

Control Center

12:28



< Settings

# Focus



Do Not Disturb >

Driving >

Sleep >

Personal Set Up >

Work Set Up >

Focus silences alerts and notifications.

Share Across Devices

Turning a Focus on for this device will also turn it on for your other devices.

Focus Status >

Control which apps can know your Focus status.

Phone Calls >

When a Focus is on, allow repeated calls.

12:29



# What do you want to focus on?

Choose a Focus to get started.

Custom >

Fitness >

Gaming >

Reading >





## Digital Wellbeing and parental controls

Screen time • App timers • Bedtime mode

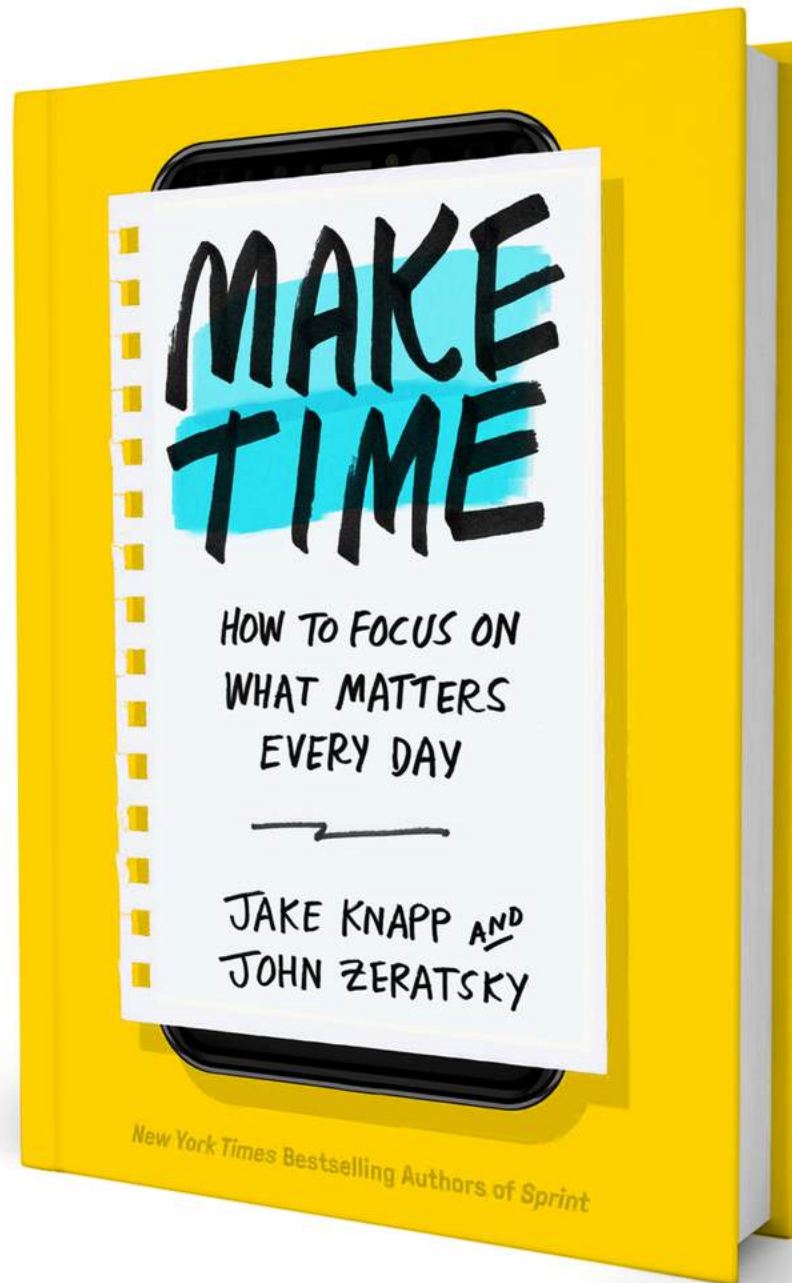


## Battery and device care

Storage • Memory • Device protection







# MAKE TIME

HOW TO FOCUS ON  
WHAT MATTERS  
EVERY DAY



JAKE KNAPP AND  
JOHN ZERATSKY

*New York Times Bestselling Authors of Sprint*



DO  
MORE.



A grayscale photograph of a modern desk setup. In the center is a large computer monitor on a wooden stand. The screen shows the words "DO MORE." in a bold, sans-serif font. A large, thick red 'X' is drawn over the monitor. To the right of the monitor, the text "Productivity Guilt" is written in a white, clean font. The desk also features a glass of water, a small lamp, and a bookshelf in the background.

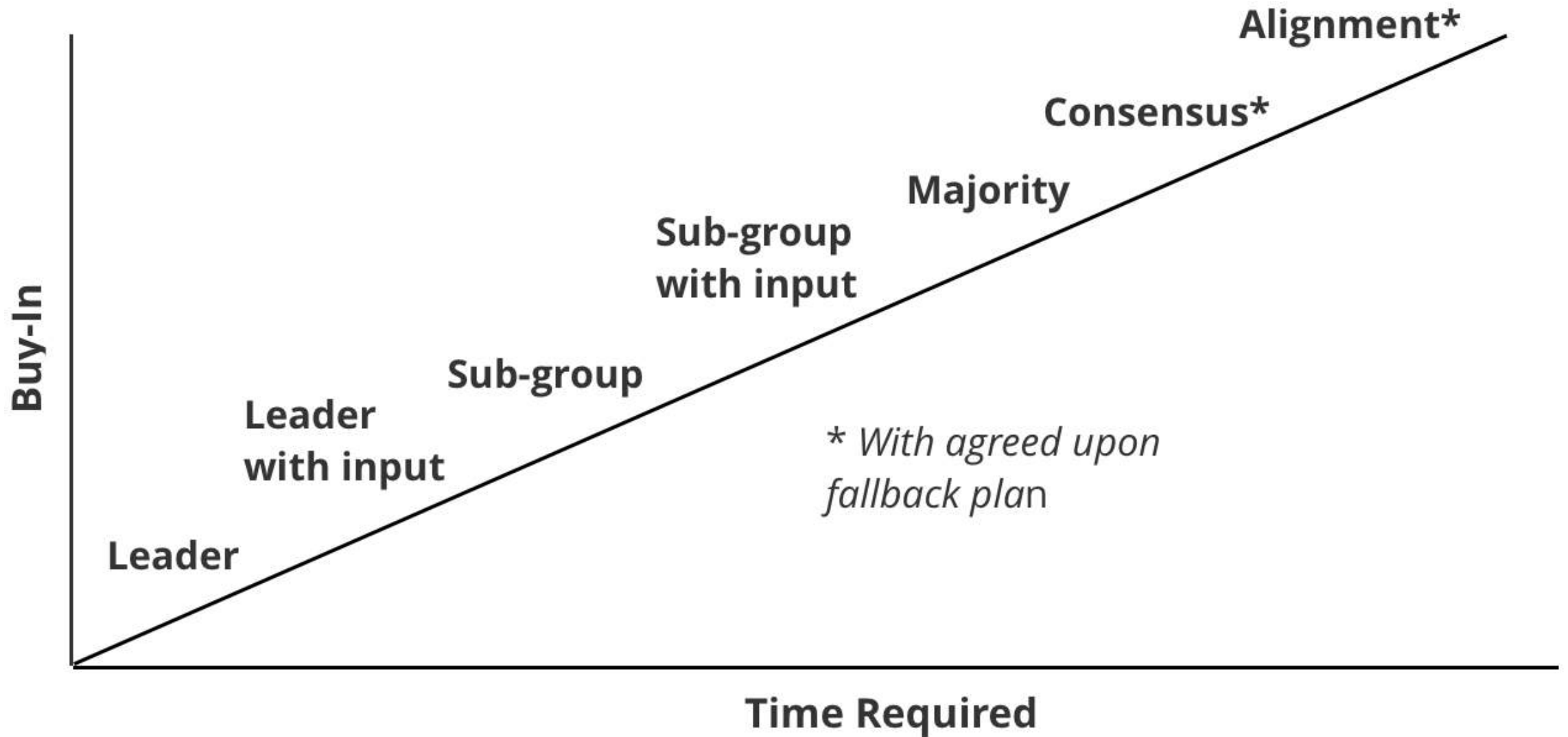
# Productivity Guilt

Take kids to KLO 7:30 - 8:20am	7am, Kloefkorn				
huddle - housing assessm	Enneagram wf pickup 8am, zoom 8 - 8:50am	Virtual Coff 8 - 9am	Coffee (Jav 8am, The M	hold strategic growth plan retreat 8 - 11:50am	Lorie Line Living roo 8 - 8:50am Org design 8:30 - 9:30
L10 9 - 10:30am	prep for strat growth plan retreat 9 - 10:50am				Closed Offi Good Frida 9am - 5pm Hubspot cc 9:30 - 10:3
Josh & Tiffany 10:30am, https://us02w	Josh Berry and Patrick Pa	drive to kc 10am - 12	scott / josh 10 - 10:50a	Sales & Marketing, 10e	
Leadershipin' 11:30am, https://us02w	conflict debt assess 11:30am - Samuel De;	Book Creators: Weekly 11am, https://georgeto		drive back from kc 11:45am - 1:50pm	Josh / Preeta 11am, https://us02web
Joshua L Berry and Luc: 1pm, https://us02web.zi	MonoSol - Econic Conn 1pm, Microsoft Teams M	hold - strategic growth plan retreat 1 - 4:20pm			writing time 12:15 - 3:50pm
Josh / Lori connect, 2pm,	Andrew / Josh interview 2pm, https://us02web.zi			PrimeHealt 2pm, 6001	Jennifer Pr 2 - 2:50pm
Piano - 2:45 2:30 - 3:20pm	Brittany / Josh - being nai				
Straight Outta Comp 3:30pm, https://us02we	Finalize Hamilton Pricin			Kyle Cartwright and Teryluz / Josh reconnect,	
Pick up Lucas 4:30 - 5:30pm	HOLD for kids DAPH NE: Tue Dar ay shu s:) 4 -	Audience building 4 - 5pm			
GAVIN: Soccer Practice 6- 5:30 - 7:30 Speedway: LOGAN: Soccer 6:30-	GAVIN: Dar ball (5:1 6:1 & 4:30 -	Boot Camp (Book Creators - S 2022) 5 - 8pm https://georgetown. zoom.us/j/6900130	comp goog 5:30 - 6:20	Gavin soccer 5 - 6pm NO LBC: Me 5:15pm LOGA N: Sporti ng game	
				DAPHNE: socce 6:30pm Kloefk	



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# Decision Rights









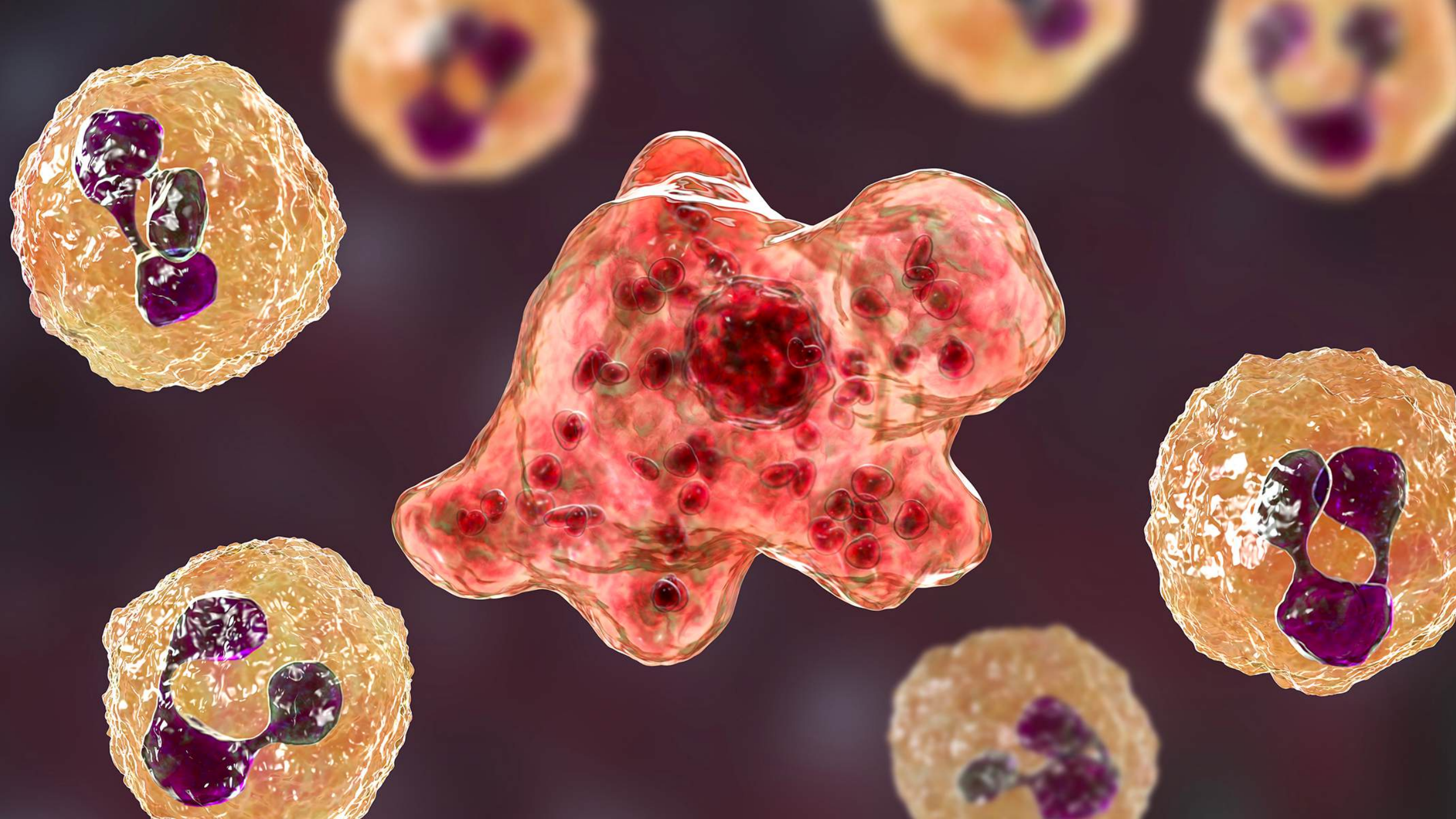
I don't have time.



make

I don't ~~have~~ time.



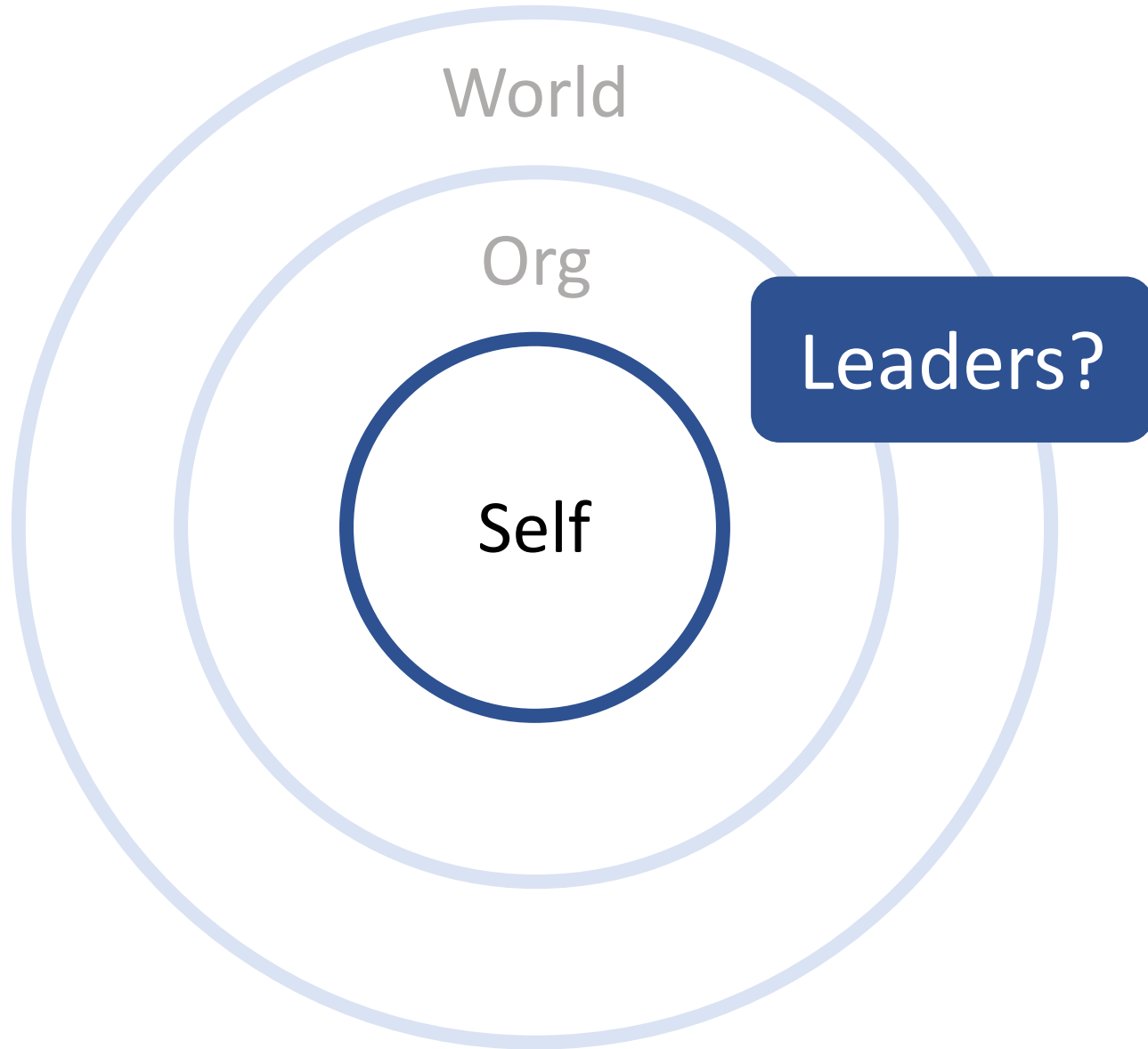




**Attention**



**Intention**



Attention



Intention

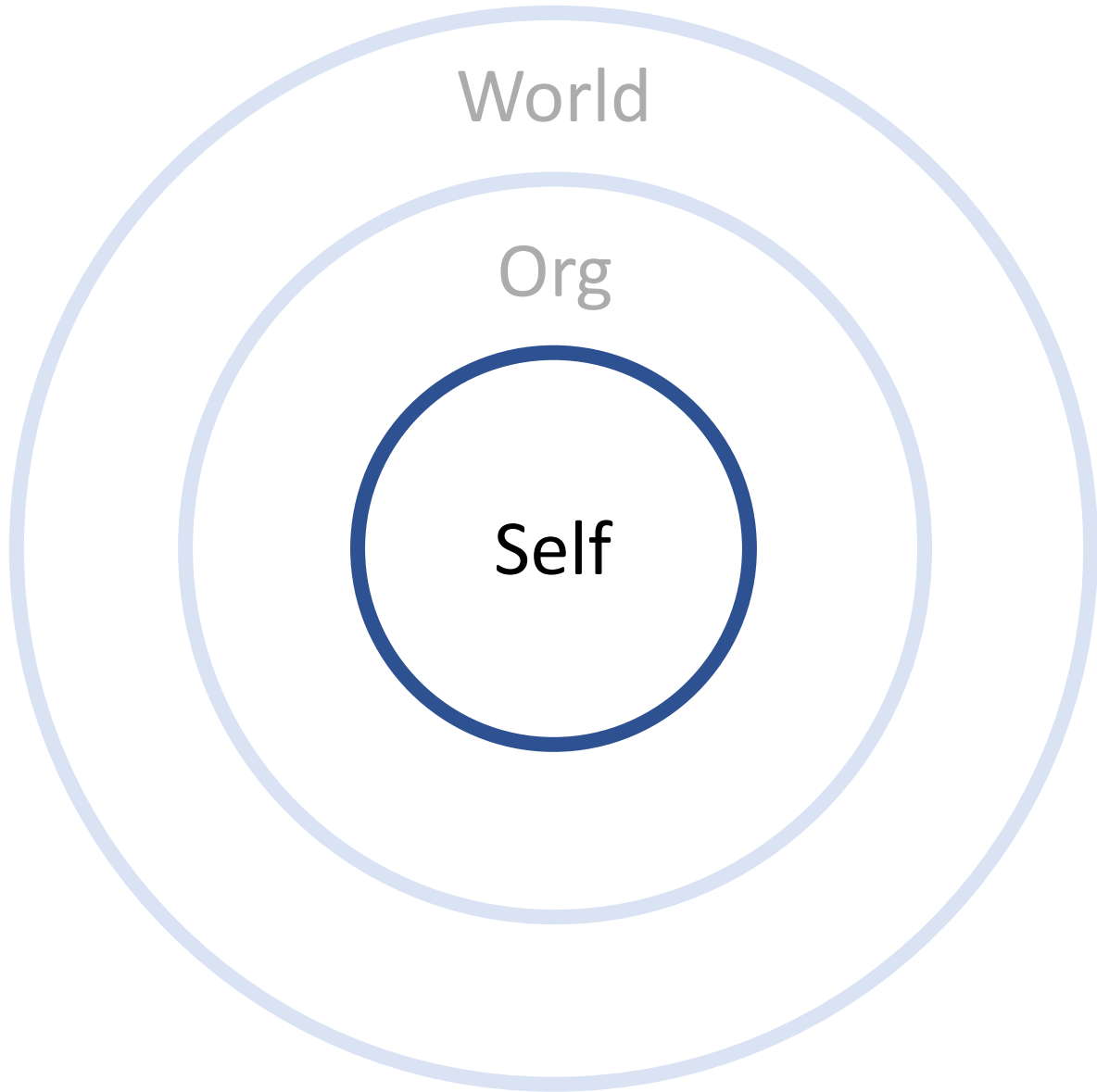




World

Org

Self



Attention

Attention

Attention

Attention

Attention

Attention

Attention

Attention

Attention



Intention



DO  
MORE.



Space

&

Grace











Stop  
shoulding  
all over  
yourself







and  
breathe